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## Request for Confidential Communication

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You should complete this form if you believe that you will be at risk if United Behavioral Health (UBH), or its affiliate U.S. Behavioral Health Plan of California (USBHPC), communicates with you at the Subscriber's address, or if you are a minor who would like to receive confidential mental health or substance abuse treatment under an applicable state or federal law.

Once we receive this request, we will send Explanation of Benefits (EOBs), letters, and other written correspondence about your behavioral health care to the alternative address that you have indicated on the enclosed form.

Until you advise UBH of your need for confidential communications, UBH will send EOBs about your care to the Subscriber and will send letters and other correspondence to you at the Subscriber's address.

If you request confidential communications, UBH will send all written correspondence and EOBs to you at the address you supply and/or will call you at the alternative phone number you supply. We will continue to do so until you advise us otherwise in writing.

If you would like to revoke your request, you must fill out a new form indicating that you want to revoke your request. If you move, or would like UBH to communicate confidentially with you at another address, you must fill out a new form with your new address information. You cannot update your information through the usual enrollment/eligibility process. To provide us with another address or revoke a prior request for confidential communication, you must fill out a new form and send the completed form to the UBH Privacy Lead.

When completing this form, please:

- Complete all sections entirely (both front and back of form);
- Print information clearly;
- Provide us with your most current information.

**Please note:** If you are a guardian or court appointed representative for the individual you must attach copies of your authorization to represent the individual in order to obtain access to their Protected Health Information.

Please note that we can only process your confidential communication request with respect to behavioral health benefits administered by United Behavioral Health or its affiliates. To obtain your confidential communication concerning your medical, dental or any other covered entity benefit not managed by UBH or its affiliates, you must contact the entity that administers those benefits directly.

If you have any questions about filling out this form, please contact 1-866-604-3273 and dial "0" to speak with a Customer Service Representative.

## Request for Confidential Communication (at alternative address or by alternative means)

This form is used to request that United Behavioral Health communicate with you at an alternative address or by alternative means. It must be completed in its entirety to ensure prompt and accurate processing. Please print.

### Section 1: Member's Current Information:

Member Name \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone (\_\_\_\_) - \_\_\_\_\_

Date of Birth \_\_\_\_\_ Male \_\_\_ Female \_\_\_

Relationship to Subscriber: Self \_\_\_ Spouse \_\_\_ Child \_\_\_ If other, describe type of relationship \_\_\_\_\_

### Section 2: Alternative Address

Please indicate the address and/or phone number where you would like to receive all future communication from UBH about your behavioral health care:

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone (\_\_\_\_) - \_\_\_\_\_

Please note that if you chose an alternative address, UBH will send all EOBs, letters, and other written communication to this address until you advise us in writing that you would like us to use another address. You cannot change this address through the annual enrollment/eligibility process. You must write to us again to change your address or revoke your request for confidential treatment.

Please indicate the alternative means you would like UBH to use when communicating with you:

Please do not send postcards

Other (please describe): \_\_\_\_\_

Please provide phone number where we can reach you if we have questions about this form: (\_\_\_\_) \_\_\_\_\_

### Section 3: Signature of Member or His/Her Personal Representative

Authorized signature of individual, or personal representative of individual, for whom confidential communication is being requested:

**I want UBH to communicate with me at the address, phone number, or in the manner that I have indicated above.**

Signature of Individual: X \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent/Personal Representative (if applicable): X \_\_\_\_\_ Date \_\_\_\_\_

Parent/Representative's Name \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Relationship to individual and authority to act for individual \_\_\_\_\_

**Important: A personal representative, including a parent, legal guardian, or executor of an estate, may be required to attach a copy of legal documentation to this request form. If you have questions please call 1-866-604-3273 and dial "0" to speak with a Customer Service Representative about legal documentation requirements.**

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**Section 4: United Behavioral Health Subscriber Identification**

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Identification Number \_\_\_\_\_ Group Number \_\_\_\_\_ Employer \_\_\_\_\_

Subscriber Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone ( \_\_\_\_\_ ) \_\_\_\_\_

*Please note that by completing this form, you are requesting that communications about your behavioral health care go directly to you at an alternative address or phone number. The Subscriber will not be permitted to receive or access your information.*

**Please return the completed form to:**

United Behavioral Health  
Compliance Department  
P.O. Box 99378  
Emeryville, CA 94662-9378